

Registration form
One Day Workshop on
“Stress Management”
15 October 2016

Delegate Details
No Registration Fee

Name: _____

College: _____

Email: _____

Contact No. _____

Registration Category :

Students

Teacher

Others: _____

Signature of the Principal

Signature of Delegate

About the College

Kamla Nehru College of Pharmacy is one of the prime institute in imparting the pharmacy education since its inception in 2006. the college is constituent art of Wanjarri Group of Institutions managed by Amar Sewa Mandal, Nagpur, founded by Late. Shri. Govindrao Wanjari and nurtured b Avd. Abhijit G. Wanjari. This college is known in vidarbha region for its eminent faculty, excellent teaching, rich library and well equipped laboratories.

The college is approved by State Government, All India Council for Technical Education, Pharmacy Council of India, New Delhi & affiliated to Rashtrasant Tukdoji Maharaj, Nagpur University, Nagpur.

About the Workshop

Stress are increasing day by day. The objective of this workshop is how to manage stress to live stress free life.



Patron

Dr. (Smt) Suhasini G. Wanjari

President, Amar Sewa Mandal.

Adv. Abhijit G. Wanjari

Secretary, Amar Sewa Mandal.



Convenor

Dr. J. R. Baheti

Principal, KNCP, Butibori

Co-convenor

Ms. Disha M. Dhabarde

Asst. Prof. KNCP Butibori.

One Day Workshop on
“Stress Management”
15 October 2016



Resource Persons

Dr. Vinit Kaur

Healing Blues Counselling Centre,
Gokulpeth, Nagpur



Organised by

Amar Sewa Mandal's



Kamla Nehru College of Pharmacy

Approved by AICTE, PCI & DTE Maharashtra (DTE Code : 4206)
Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur.

Butibori, Nagpur.



156, Borkhedi, Near Butibori Over Bridge, Butibori, Nagpur-441108

Email – kncpbutibori@gmail.com

Website – www.knpharmacycollege.ac.in

PRINCIPAL
KAMLA NEHRU COLLEGE OF PHARMACY
BUTIBORI, NAGPUR-441108





Amar Sewa Mandal's
Kamla Nehru College of Pharmacy
Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

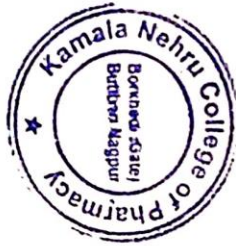


Date: 13 /10/2016

-:Notice:-

All the students of B. Pharm & M. Pharm are hereby informed that the college is organizing one day workshop on guidance *Stress Management* on 15th October 2016 at 11.00 am to 2.00 pm by Dr. Vinit Kaur, Healing Blues Counselling Centre, Gokulpeth Nagpur.

All are instructed to remain present in the programme.



Principal
PRINCIPAL
KAMLA NEHRU COLLEGE OF PHARMACY
BUTIBORI, NAGPUR-441 108



KNCP

Committed to Quality Pharmacy Education & Training

Amar Sewa Mandal's

Kamla Nehru College of Pharmacy

Butibori, Nagpur 441 108

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University,
Nagpur

Approved by AICTE & Recognised by PCI.

E-mail: kncpbutibori@gmail.com

Website: knpharmacycollege.ac.in

Workshop on “Stress Management”

Workshop on “Stress Management” was organized at Kamla Nehru College of Pharmacy (KNCP), Butibori, Nagpur on October 15, 2016 for UG and PG students under guidance of **Dr. S. N. Umathe, Principal, KNCP, Butibori.**

Dr. Vinit Kaur, owner, Healing blues Counselling centre, Nagpur was the Resource person. She explained the students about different types of stresses one may face during the journey of life. She told the students how stress can be helpful in gaining the goals of life such as stress during examinations if handled correctly we can get better results. Around 205 students were participated in the session.



Stress management workshop was conducted by Ms. Vinit Kaur

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